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THE NATIONAL COLLEGE, JAYANAGAR, BENGALURU – 560 070

AUTONOMOUS

Website: www.ncjayanagar.com

Department of Physical Education & Sport Sciences

Sports Competitions and Events Report 2023-24

The academic year started with participating in Volleyball (M) Inter-collegiate tournament & selection trails organized by GFGC Kudur held on 26th & 27th October 2023, the next day 28th October our women team took part in cross country event held at Soundarya Inst. of Management & Studies, in which **Aishwarya R M of BCA first year secured bronze medal and qualified for All India Cross country championship.**

Somashekar of 1st BA represented our college in Bangalore University inter-collegiate Boxing Championship held at Boxing Academy Rajarajeshwari nagar & **Secured Silver medal.**

From 22 to 24th November we took part in **Bangalore University 58th Inter-collegiate Athletic championship 2023-24 & we secured 4 medals** (1 silver, 3 bronze) Aishwarya RM of BCA 1st year secured silver in 3000mts steeplechase & bronze in 1500mts, Rakshitha K of BCA 2nd year secured bronze in 400mts & 800mts.

Aishwarya R M attended the selection trails of Kho-Kho women held on 01/12/23 & 02/12/23 held at Directorate of Physical Education, Bangalore University & **got selected to represent Bangalore university in south zone inter university championship, Rakshitha K** attended the selection trails of Handball women held on 11/12/23 & 12/12/23 held at R R Institute of Management Studies, Bangalore & **got selected to participate in South-zone Inter-university Handball competition.**

We have organized Bangalore University Inter-collegiate Baseball Championship & Selection trails for men & women from 18 Dec to 20 Dec 2023 @ National college Jayanagar grounds. In the selection trails **Kishan HG of 2nd BSc, Pavitra TM, Pruthvika of 3rd BCA, Ujwala & Keerthi of 1st Bcom** got selected to participate in **All India Inter-university Championship.**



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Putchami Memorial Inter-collegiate Basketball tournament for Men & women was conducted from January 4 to January 5, 2024. There were 16 teams in Men section were as the number reduced to 8 teams in women section. **Christ university team became champion in both men & women section & St.Joseph's college of commerce were runners up in both categories.**





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Conducted 8 days Inter-university Baseball coaching camp for Bangalore University men team from 11-2-24 to 18-2-24 to represent in All India Inter-university Baseball Championship to be held at The Assam Royal Global University, Guwahati.

Our college team participated in Bangalore University Inter-collegiate Softball tournament cum selection trails for men & women held from 15th to 16th April 2024 at St Francis De Sales College, Electronic city, Bengaluru. In the selection trails three of our college players **Miss. Priyakarmakar I BCA, Miss Dhanya II Bcom & Miss Keerthi I Bcom got Selected** to represent Bangalore University in All India Inter-university competition.

Miss Sowbhagya Lakshmi - 1stBcom represented India in FIG Aerobic Gymnastics World cup Romgym Trophy at Bucarest Roumania & **got 5th Position**. She represented Karnataka state in 37th National games at Goa in Gymnastics-Trampoline event. Furthermore she represented in Senior Acrobatic Gymnastics **and secured 3 Silver medals**.

Conducted Softball camp for Bangalore University women team from 27 May 2024 to 01 June 2024 prior to participation in All India Inter-University which was held at Lovely Professional University Jalandhar from 4th to 8th June 2024.

The 59th Annual Athletic Meet of NCJ was held on 13th July 2024 at the NCJ sports arena amidst great enthusiasm and fervor. Dr. HN Subrahmanya, President of the NES of Karnataka®, graced the occasion as the presiding dignitary, igniting the sports lamp and emphasizing the significance of physical fitness. Prof. Hemant Raju, Former Director of Physical Education at NCJ, adorned the event as the chief guest, delivering a memorable address on the advancements in sports science.



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This year we took part in various competitions and added few feathers in National college Jayanagar's cap.

- 1) International Representation: 01
- 2) All India Inter-university Participation: 10
- 3) South-zone Inter-university Participation: 02
- 4) Bangalore University Inter-collegiate- 2 silver, 3 bronze total 5 medals
- 5) Represented Karnataka State (National level): 3 silver medals, 37th National Games.(04 participation)

Physical Education Director

(Tousif Ahammed)

BANGALORE UNIVERSITY INTER-COLLEGIATE BASEBALL TOURNAMENT & SELECTION TRIALS FOR MEN & WOMEN 2023-24

REPORT

The Bangalore University Inter-collegiate Baseball tournament was held on 18th & 19th December 2023, held @ National college Jayanagar grounds. The tournament was inaugurated by Chief Guest Dr.P C Krishnaswamy, Director, Dept. of physical education, Bangalore University. The guest of honour Shri. Venkatasiva Reddy, Hon. Secretary, NES of Karnataka & Dr. P L Venkatarama Reddy, Chairman The National college Jayanagar Graced the occasion.

In Men section 8 teams participated & in women section 6 teams participated. Nearly 200 participants took part in the tournament. **SFS College, Hebbagudi became the Champions in both Men & women section**, the Runners Trophy was bagged by **Don Bosco Institute of Management** in Men section & **Jindal first grade college** for women became the runners in Women section.

The valedictory function was held on 19th December 2023. The Principal, National College Jayanagar distributed the Trophies & Medals for the Winners & Runners. The Valedictory function was presided by Dr. Suresha B, Principal National College Jayanagar.

The selection trials were held on 20th December 2023, in Men section 62 & In women section 32 players attended the selection trials from various colleges of Bangalore University, The selection committee members are Dr. Harish P M from Soundarya Institute of Management, Mr. Manjanna B P from Surana college South End Circle, Mr. Tousif Ahmed from National college Jayanagar, Mr. Venkataramaiah from SFS College, Hebbagudi & Mr. Narayan from Don Bosco Institute of Management.



We are thankful for The National Education Society ®, Basavanagudi, Directorate of Physical education Bangalore University for having given an opportunity & supporting us to conduct the tournament.
We are thankful for Karnataka Baseball Association® for sending the referees for the smooth conduct of the tournament.

Mr. TousifAhammed
Physical Education Director