THE NATIONAL COLLEGE AUTONOMOUS JAYANAGAR
BANGALORE-560070
DEPARTMENT OF PSYCHOLOGY
III Sem B.A., PSYCHOLOGY

NEP SYLLABI OF PSYCHOLOGY (DISCIPLINE SPECIFIC COURSE) SUBJECT FOR BA III SEMESTER WITH EFFECT FROM ACADEMIC YEAR 2022-23 AND ONWARDS

PAPER – III: CHILD DEVELOPMENT   **56 Hrs**

Learning Outcomes:

1. To understand the Physical, Cognitive and Language development

2. To know about the role Emotional and Moral development

3. To understand the genetic and chromosomal abnormalities

4. To understand the different disorders faced by children in their growth period

* Teaching Hours 4 hours per week

* 60 marks for examination and 40 marks for Internal Assessment

**UNIT I - INTRODUCTION TO CHILD DEVELOPMENT
(10 hours)**

a) **Historical Views of Childhood**

b) **Theories of Child Development** – Cognitive Theories, Behavioral and Social Cognitive Theories (Erik Erikson's Theory); Ecological Model – Bronfenbrenner. Ethological model / perspective (Bowlbey's Theory).

c) **Methods and Designs** – Longitudinal, Cross – sectional, Sequential, Correlation. Modern methods of Child Development.

d) **Careers in Child Development**.

e) **Research Challenges in Child Development.**

Unit II – PRE-NATAL DEVELOPMENT
(10 hours)

a) **Conception** - Stages in Prenatal Development - Germinal Stage, Embryonic Stage and Fetal Stage.

b) **Prenatal Environmental Influences** - Teratogens, Prescription and Nonprescription Drugs-illegal drugs, Tobacco, Alcohol, Radiation, Environmental Pollution, Maternal Disease and other Maternal Factors.

c) **Child birth** – Stages of Child Birth

d) **New Born Assessment** – APGAR scale, Brazelton Neonatal Behavioral Assessment Scale.

e) **Chromosomal and Gene Linked Abnormalities** – Chromosomal Abnormalities - Down Syndrome; Abnormalities of the Sex Chromosomes - Kleinfelters, Fragile x, Turner's, XXX, XYY; Gene linked abnormalities - PKU, Sickle Cell Anaemia, Tay Sachs Disease.

f) **Genetic Counselling, Postpartum Period**: Physical, Emotional, Psychological Bonding.

UNIT III - PHYSICAL, COGNITIVE AND LANGUAGE DEVELOPMENT (13 hours)

a) **MOTOR DEVELOPMENT:** Reflexes – Some New Born Reflexes; Sleeping, Crying.
   Motor Development in Infancy – Meaning; Sequence of Motor Development – Gross Motor Development; Fine Motor Development.

b) **PERCEPTUAL DEVELOPMENT** - Touch, Taste and Smell, Hearing, Vision.

c) **COGNITIVE DEVELOPMENT** - Piaget's Theory of Cognitive Development. Vygotsky's Theory of Cognitive Development- Zone of Proximal Development and Scaffolding.

d) **LANGUAGE DEVELOPMENT** – Components of Language Development; Pre-linguistic development – Receptivity to Language, First Speech Sounds. Phonological Development; Semantic Development; Grammatical Development, Pragmatic Development; Bilingualism.

UNIT IV - EMOTIONAL, SOCIAL AND MORAL DEVELOPMENT (12 hours)

a) **EMOTIONAL DEVELOPMENT** - Development of Emotional Expression- Basic Emotions, Self-Conscious Emotions, Emotional Self-Regulation, Acquiring Emotional Display Rules, Understanding and Responding to Emotions of Others - Social Referencing, Empathy and Sympathy.

b) **SOCIAL DEVELOPMENT** - Social Orientation, Development of Attachment, Security of Attachment. Cultural Influences. Development of Self Awareness and Understanding Self.

c) **MORAL DEVELOPMENT** - Kohlberg's Theory of Moral Development.

UNIT V - DISORDERS OF CHILDHOOD
(11 hours)

ADHD, Conduct Disorder, Oppositional Defiance Disorder, Anxiety Disorders of Childhood, Childhood Depression, Symptom Disorders (Enuresis, Encopresis, Sleep Walking and Tics) Pervasive Developmental Disorders (Autism), SLD, Intellectual Disabilities in brief.

References:

1. Carson, Butcher and Mineka, (2008) Abnormal Psychology. 13th edition, Pearson Education

2. John. Santrock (2014) - Child Development - 13th edition, Tata McGraw hill edition

3. Laura E. Berk (2013) - Child Development- 9th Edition, Easter economy edition, PHI publication

4. Levine, L.E. & Munsch,J (2014) Child Development: An Active Learning Approach, 2nd Edition, Sage Publications. Inc