

**THE NATIONAL COLLEGE
AUTONOMOUS
JAYANAGAR, BANGALORE-560070
DEPARTMENT OF PSYCHOLOGY
II Sem B.A., PSYCHOLOGY**

DSC2: FOUNDATION OF BEHAVIOUR

CHAPTER 1 EMOTIONS (10 hours)

- Meaning and definition,
- Classification of emotions- primary and secondary.
- Responses to emotions- physiological, behavioural, psychological and cognitive.
- **Theories of emotions**-physiological, neurological, cognitive.
- **Emotional Intelligence**- Meaning, definition, components.
Application of emotional intelligence.

CHAPTER 2 MOTIVATION (10 hours)

Meaning, definition, basic concepts

- Instincts, needs, drives, incentives, motivational cycle.
- Approaches to the Study of Motivation: Psychoanalytical, ethological, S – R,

Cognitive, humanistic.

- Biological Motives: Hunger, thirst, sleep and sex.
- Social Motives: Achievement, affiliation, approval, power

CHAPTER 3 INTELLIGENCE (12 hours)

- Meaning, Definition of intelligence, characteristics of intelligence.
- Types- social, crystallized, emotional, fluid.
- Theories of Intelligence- Factor theories, hierarchical theories, process oriented theories, information processing theories.
- Educating Gifted children
- Assessment of intelligence- Indian tests for intelligence. The concept of intelligence quotient.

CHAPTER 4 THINKING AND REASONING. 10 hours

- Introduction to cognition
- Introduction to Thinking and Problem Solving Process
- Elements of Thinking and Types of Thinking
- Creative and critical thinking : Meaning and types
- Concept Formation: Meaning , importance and process of concept formation
- Problem Solving: Meaning, importance, steps, and obstacles
- Reasoning and decision making

CHAPTER 5 PERSONALITY -10 hours

- Meaning, definition,
- Theories of personality- Type and trait, Dynamic, behavioural, Humanistic, Indigenous
- Assessment of personality- Need. Rating scales, questionnaires, Projective techniques.

